

OUTREACH PROGRAMS
A Gift of Madness
Nancy Knowles
singer/actress, writer, visual artist, teacher

Forum: *Art and Trauma*

open to the public

A presentation by a panel of experts (artists of all stripes, teachers, counselors, psychologists) and survivors, followed by a moderated discussion between audience and panel members.

Reading: *A Gift of Madness*

unstaged performance

An intimate reading of Knowles' solo play *A Gift of Madness* at your home or informal setting, followed by a discussion of related themes (art as therapy; family myths, truths, and secrets; old age; loss; masks, trauma, stigma...)

Workshop: *No Place to Hide*

for schools and community organizations (arts, veterans', mental health, leadership)
limited to eight participants

Knowles draws on her years of experience as a performer, poet, and voice and drama teacher to create a hands-on workshop using voice (spoken and sung), drama, poetry, and body awareness for anyone wanting to find their own voice (literally and figuratively) by transforming their personal and family stories and myths.

Lecture/Demo: *Art Out of Memoir*

for schools and community organizations (arts, veterans', women's, mental health, leadership, etc)
open to the public

Knowles discusses the transformative act of writing and performing her play, and the role art, love and laughter have played for her family in healing the wounds of tragedy and trauma.

Performance Masterclass

for high schools, universities, or other arts organizations

Students perform poetry, song, drama, or stories for Knowles' coaching. Public is invited not only as audience, but also to contribute comments.

Residency: *Go MAD for a Week!*

for high schools, universities, or other arts organizations

- 2—5 days working with students in any combination of the above offerings, culminating in a fully staged public performance of *A Gift of Madness*

and/or

- A three day class presenting the play in three parts, followed by a discussion of that day's themes, culminating in a fully staged performance of *A Gift of Madness*